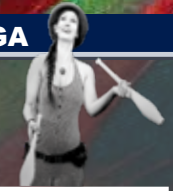


SUNDAY, MAY 10 @ MCFALL PARK, WESTMINSTER

Presented By:



Flow Fest[®] DENVER



	OTHER	POI	STAFF	HOOP	JUGGLE	YOGA
10 AM	FREE! All Levels Flow Yoga with Yoga Social					
	ZONE 1	ZONE 2	ZONE 3	ZONE 4	ZONE 5	
11 AM	FREE! Leviwand 101 with Pine	Find Your Balance with Ana Cruz	Basic Rope Flow with Slush	Party Poi 1: 3 Beats & Reels with SSnSS	Contact Juggling Isolations with Adam Benson	
12:15 PM	FREE! Intro to Flower Sticks with Nathan Machutta	Double Hoop Basics with Mandy Embers	Multi-Prop Mash-up with Cory Brown	Anti 3-Beat with Tyler Chic	Grid Tracing with Davi Lux	
1:30 PM	FREE! Intro to Toss Juggling with Adam Benson	Step Right Up: Circus Style Single Hoop with Ana Cruz	Fan Flips, Grips, And Tricks with Pine	Party Poi 2: 4 Beat Weaves with SSnSS	Buggeng 101 with Jose the Gay	
2:45 PM	FREE! Beginning Poi Theory with Nathan Machutta	Relationship Anarchy 101 with Davi Lux	Rope Flow Tricking with Slush	Superhero Series with Tyler Chic	Dragon Staff: Show Pony Edition with Mandy Embers	
4 PM	FREE! Plate Spinning Silliness with Adam Benson	Intro to Hoop Juggling with Pine	Get Your Act Together with Ana Cruz	Partner Poi: Symbiotic Skill Share with SSnSS	Club Juggling: Traps & Rolls with Cory Brown	

All Access Passes: \$55 NOW | \$75 THEN

5 PM Group Photo + Flow Fest Instructor Showcase

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Join the Circus without Running Away!

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